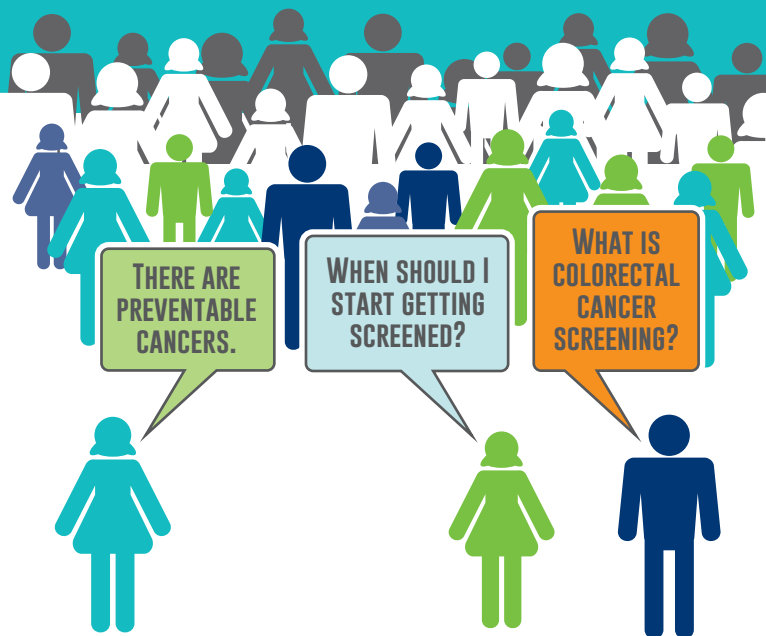


# *It's okay to talk about it.*

ONE SIMPLE CONVERSATION WITH YOUR DOCTOR COULD SAVE YOUR LIFE.



**UNINSURED  
OR WORRIED  
ABOUT  
COSTS?**

**FREE CANCER  
SCREENING  
AVAILABLE IN  
YOUR AREA.**

**APPLY NOW. ENROLLING IS EASY.**

- GO ONLINE [WWW.HEALTHYGALLATIN.ORG](http://WWW.HEALTHYGALLATIN.ORG)
- CALL 406-582-3107
- TEXT SCREENMT TO THE NUMBER 292929



**ONLINE**



**PHONE**



**TEXT**






# CANCER SCREENING CAN SAVE YOUR LIFE!








Always go to your doctor and talk about which screenings are right for you and when you should have them!



## CERVICAL CANCER SCREENING RECOMMENDATIONS

AGE	21-29	30-65	66+
<b>PAP TEST EVERY 3 YEARS</b>			<b>DISCUSS WITH HEALTH CARE PROVIDER</b>
<b>HPV &amp; PAP TEST EVERY 5 YEARS</b>			<b>DISCUSS WITH HEALTH CARE PROVIDER</b>

## BREAST CANCER SCREENING RECOMMENDATIONS

AGE	21-39	40-49	50-74
<b>KNOW YOUR BODY</b>			
<b>CLINICAL EXAM BY HEALTH CARE PROVIDER</b>			
<b>MAMMOGRAM EVERY 2 YEARS</b>		<b>DISCUSS WITH HEALTH CARE PROVIDER</b>	

## COLORECTAL CANCER SCREENING RECOMMENDATIONS

AGE	50-75	
<b>STOOL TEST EVERY YEAR TO DISCOVER ABNORMAL CELLS</b>		<b>LOW-COST TEST TO DETERMINE IF A COLONOSCOPY IS NECESSARY</b>
<b>COLONOSCOPY EVERY 10 YEARS</b>		